



## NDIS Post-Planning Meeting Tips

### Plan review

If you aren't happy with your child's plan, you have around 3 months to ask for a review. A few things to think about: start using and spending the plan. When review is finalised a whole new plan and budget will be created. There is no reason to not start spending.

If you are under ECEI, contact your NDIS person (the one you did the meeting with) and ask them to lodge a review. It is simple to do. You will then be contacted by an NDIA representative to discuss your child's needs and what you need, that wasn't addressed adequately in the plan. This is where good reports are important. If they clearly state recommendations for therapy and equipment that wasn't included, make a point of highlighting these shortcomings.

### Sharing your child's full plan

Sometimes providers ask you for a copy of the latest plan. What they actually need is a copy of the goals, your child's NDIS number and the plan start and end date. You can scan the relevant pages of the plan and save it somewhere easy to access, especially if you need to send it to multiple providers. You do not need to share information around funding amounts. The only person who needs a copy of your child's full plan is a Plan Manager (if your child's plan is plan managed).

### Follow up with your planner

Follow up with your planner post planning meeting. This is especially important if you ran out of time or raced through some points near the end. Also, if you haven't seen the final goal wording, definitely ask to see (and make changes if needed) before they are submitted.

### Find out what the planner submitted

Ask the planner what they have recommended to the NDIA, and if there is something you asked for that they haven't included. This is important. If they have made a call on whether something is reasonable and necessary, and it's important to you, you will want to know and have an opportunity to advocate for what you want.

If you get to the point where the planner disagrees with you, ask them to document that you disagree with their decision. This information will then go to the decision maker in NDIA.

### Reach out to your NDIA planner

Sometimes it's hard to access the full plan in the portal. The planner can email a copy to you so you don't have to wait for the postman. You can also ask them about specific information that has been sent to them from the NDIA which may include specific information on how a decision was made or why something wasn't funded. If there is any detailed correspondence, ask the planner to email you a copy for your information and records.

### Embrace choice and control

Instead of calling NDIA and asking if you can buy this or that with your child's funds, do some research and take charge yourself. After all, the person on the other end of the line doesn't have nearly enough information to make an educated decision) If you are self-managing, you can refer to the questions listed in the [NDIA guide to self-management booklet](#). If you are Plan Managed, you could speak to your Plan Manager.

