

Belongside *Families*



Free support for parents and carers of children with disability

Belongside Families is a not-for-profit organisation offering free supports and programs for parents raising children with disability, delay, autism, genetic or rare conditions and medical needs.

We're parents of children with disability, just like you. We know what it's like to feel worried, to have lots of questions and to feel unsure about what to do next.

Our programs and supports are informed by evidence and built around what families need.

We can help you navigate:

- NDIS
- A Diagnosis
- Therapy
- Childcare and Preschool
- School
- Financial Support
- Advocacy
- Medical and Health
- Family Support

You don't need a diagnosis, referral or NDIS plan. And everything we provide is free of charge.



belongsidefamilies.org.au



info@belongsidefamilies.org.au



[@belongsidefamilies](https://www.instagram.com/belongsidefamilies)



[@belongsidefamilies](https://www.facebook.com/belongsidefamilies)

Scan the QR Code to get free tips, tools, and events delivered to your inbox.



How We Support Families

Workshops

Join our online interactive workshops on topics like advocacy, how to use therapy, and transition to teens. Learn practical strategies and leave with tools that you can use in everyday life to support your child and family.

One-on-One Support

Talk with a trained parent facilitator to get information and support around the challenges you are facing. We can direct you to services and help you to navigate systems such as the NDIS, education and health. And help you understand what to do next.

Webinars

Watch our online webinars live or at a time that works for you. Hear from professionals and parents to learn and build your confidence to make decisions that feel right for your child and family.

Parent Support Groups

Connect with other parents in our online or in-person groups. These are welcoming spaces led by our trained parent facilitators. We have topic-based and casual discussion groups, where you can share your experiences or just listen and learn from other families.

Online Community

Join our private Belongside Community Facebook group to connect with other parents and carers online. Ask questions, share tips and feel supported any time, day or night. It's a safe, supportive and moderated community.

Resources

Explore our fact sheets, guides, and family stories for information you can trust. You don't have to spend hours searching online. Learn more about the NDIS, school, therapy, and looking after yourself.

You're not alone. *We're here to help.*

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