

Belongside
Families



Marketing Pack:

Central Coast Carers Week Creative Event

Ready-to-use materials to share with families in your network

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01 Introduction

Belongside *Families*

About Belongside Families

Belongside Families is a family-led not-for-profit organisation. We support parents and carers of children with disability, developmental delay, Autism, rare and genetic conditions.

We provide free programs, so families can feel more confident and supported raising their child.

As part of this we hold free local catch ups throughout the year where parents and carers can meet others, share experiences, and connect in a relaxed, welcoming environment.



About this pack

We've put together ready-to-use materials to make sharing the event with the families in your network easy. You'll find:

- [Email and newsletter copy](#)
- [Social media copy and tiles](#)
- [A printable flyer](#)
- [Links to more information about the program and research](#)

Please use the materials that work best for your organisation and community.

Create & Connect Carers Week Event

A free event for

Parents and carers of children with disability, developmental delay, Autism, rare and genetic conditions.

What to expect

Parents can enjoy a delicious morning tea and create their own block-printed tote bag to take home.

Facilitated by

Two trained peer facilitators who are also local parents raising children with disability.

Event Details

When

Thu, 15 Oct 2026
10:30am - 12:30pm

Where

Gosford Regional
Library

Feedback from previous events

Families of parents with disability who have attended our in person events have reported:



97%

felt more connected
to other families



100%

found our events
welcoming and inclusive



9.8 out of 10

said they would recommend
Belongside's events to another family

Suggested email copy

Subject Line: Free Creative Morning Tea for Parents & Carers on the Central Coast

Celebrate Carers Week with Belongside Families at a free creative morning tea in Gosford.

Create & Connect is a relaxed morning for parents and carers of children with disability, developmental delay, Autism, rare or genetic conditions, and medical needs.

Enjoy a beautifully catered morning tea while creating your own block-printed tote bag to take home. A local artist will guide the activity, so no creative experience is needed. It's also a chance to meet other local parents and carers and enjoy some time together during Carers Week.

 Thursday 15 October, 10:30am–12:30pm

 Gosford Regional Library

 Free to attend

 Register here: bit.ly/CC-CarersWeek26

Spaces are limited. Register early to secure your spot.

Banner image



 [Download email banner](#)

04 Social media

Belongside Families

Facebook / LinkedIn



↓
Download Square
1:1 - 1080px 1080px
Facebook and
LinkedIn
Recommended size

Free Carers Week event for Central Coast parents and carers.

Celebrate Carers Week with [@belongsidefamilies](#) at Create & Connect, a free creative morning tea in Gosford.

Enjoy beautifully catered food and create your own block-printed tote bag to take home, with a local artist there to guide you.

It's a relaxed chance to get creative, meet other local parents and carers and enjoy some time together.

 **17** Thursday 15 October, 10:30am–12:30pm
 Gosford Regional Library
 Free
 Register: bit.ly/CC-CarersWeek26

This event is for parents and carers of children with disability, developmental delay, Autism, rare or genetic conditions, and medical needs.

Spaces are limited. Register early to secure your spot.

Please tag [@belongsidefamilies](#)

Instagram



↓
Download 4:5 -
1080x1350
Instagram
Recommended size

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Please tag [@belongsidefamilies](#)
Please add bit.ly/CC-CarersWeek26 to Linkin.bio

A4 hand out or A3 poster

Create & Connect

Are you raising a child with disability, developmental delay, Autism, rare or genetic conditions?

Join us for a free creative morning tea in celebration of Carers Week.

Enjoy beautifully catered food and create your own block-printed tote bag to take home, with a local artist there to guide you.

It's a relaxed chance to get creative, meet other local parents and carers and enjoy some time together.

The details

 **When:** Thu, 15 Oct 2026
10:30am - 12:30pm

 **Where:** Gosford Regional Library
Gosford NSW, Australia

 **Who:** Parents and carers of children with disability, developmental delay, autism, rare or genetic conditions, and medical needs.
NB: This event is for adults only.

 **Cost:** Completely free

To register



Scan the QR code
Or visit:
bit.ly/CC-CarersWeek26

Belongside *Families*

We provide free support for families of children with disability, delay and autism, shaped by families and informed by evidence. Through our events, peer groups and resources, we help you feel more informed, confident and connected.

Free
In-Person Carers
Week Event



 [Download Flyer](#)



Questions or need another format?

If you have any questions or require promotional materials in another format, please contact:

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Community Engagement Officer

Belongside Families

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