



Belongside *Families*

Marketing Pack:

From Childhood to Teens: Workshop

Ready-to-use materials to share with families in your network

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01 Introduction

Belongside *Families*

About Belongside Families

Belongside Families is a family-led not-for-profit organisation. We support parents and carers of children with disability, developmental delay, Autism, rare and genetic conditions.

We provide free programs, so families can feel more confident, informed and supported raising their child.

As part of this we run free workshops throughout the year. Each session blends evidence-informed approaches with the lived experience of trained parent facilitators.



About this pack

We've put together ready-to-use materials to make sharing the event with the families in your network easy. You'll find:

- [Email and newsletter copy](#)
- [Social media copy and tiles](#)
- [A printable flyer](#)
- [More information](#)

Please use the materials that work best for your organisation and community.

From Childhood to Teens Workshop

A free event for

Parents and carers living in Australia who are raising children aged 8 and above with disability, developmental delay, Autism, rare and genetic conditions and high medical needs.

What to expect

Practical ways to support your child's growing independence, build their confidence, and feel more prepared for what lies ahead.

Facilitated by

Two trained peer facilitators who are also parents raising children with disability.

Event Details

Tue, 10 Nov
8:00pm - 9:30pm
Online via Zoom

Feedback from Belongside Workshops

Families who have attended Belongside workshops have reported:



97%

improved
knowledge
& skills



93%

better able to
navigate systems



94%

increased confidence
to advocate



93%

feel less alone



100%

would recommend
Belongside's events
to another family

% of families who strongly agree

Suggested email copy

Subject Line: Free Online Childhood to Teens Workshop

As your child grows, their needs change. Many families of children with disability notice a shift that begins around age 8 and continues into the teen years. This can bring more emotions and new challenges. This free workshop from Belongside Families will give you practical ways to support your child's growing independence, build their confidence, and feel more prepared for what lies ahead.

Join us to learn:

- About the emotional, physical and social changes that come with adolescence.
- How to start involving your child in decisions.
- Ways to build your child's voice and confidence to speak up.
- How to balance growing independence and continued support.

 Free From Childhood to Teens Workshop

 Tue, 10 Nov, 8:00pm (NSW Time)

 Online via Zoom

 Register here: bit.ly/Childhood-Teens-T4-26CE

Spaces are limited. Register today.

Banner image



 [Download email banner](#)

04 Social media

Belongside Families

Facebook / LinkedIn

 Free Online Childhood to Teens Workshop

As your child grows, their needs change. Many families of children with disability notice a shift that begins around age 8 and continues into the teen years. This can bring more emotions and new challenges.

This free workshop from [@belongsidefamilies](#) will give you practical ways to support your child's growing independence, build their confidence, and feel more prepared for what lies ahead.

You'll learn about the emotional, physical and social changes that come with adolescence, how to start involving your child in decisions, ways to build your child's voice to speak up and how to balance growing independence and continued support.

 **Download Square**
1:1 - 1080px 1080px
Facebook and
LinkedIn
Recommended size

 Tue, 10 Nov, 8:00pm NSW Time
 Online via Zoom
 Register here: bit.ly/Childhood-Teens-T4-26CE
Spaces are limited. Register for an upcoming workshop today.

Please tag [@belongsidefamilies](#)

Instagram

 Free Online Childhood to Teens Workshop

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 **Download 4:5 -**
1080x1350px
Instagram
Recommended size

 Tue, 10 Nov, 8:00pm NSW Time
 Online via Zoom
Spaces are limited. Register for an upcoming workshop today.

Please tag [@belongsidefamilies](#)
Please add bit.ly/Childhood-Teens-T4-26CE
to Linkin.bio

A4 hand out or A3 poster

Free Workshop



From Childhood to Teens

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This workshop will give you practical ways to support your child's growing independence, build their confidence, and feel more prepared for what lies ahead.

You will learn:

- About the emotional, physical and social changes that come with adolescence.
- How to start involving your child in decisions.
- Ways to build your child's voice and confidence to speak up.
- How to balance growing independence and continued support.

Upcoming Workshop:

 **When:** Tue, 10 Nov 8:00pm
NSW Time

 **Who:** Families of children with disability, developmental delay or Autism aged 8 and above.

 **Location:** Online

To register

Scan the QR code

Or visit:
bit.ly/Childhood-Teens-T4-26CE



Belongsid*e Families*

We provide free support for families of children with disability, delay and autism, shaped by families and informed by evidence. Through our events, peer groups and resources, we help you feel more informed, confident and connected.

 [Download Flyer](#)



Questions or need another format?

If you have any questions or require promotional materials in another format, please contact:

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